

Pl	Name	g Verein	Zeit
L I (34)			
1	Rut Stark	MTV Seesen	14:17
2	Jule Weigert	TV Jahn Wolfsburg	15:14
3	Erik Urzua Wöhrer	TV Jahn Wolfsburg	17:09
4	Johannes Eckel	OLV Uslar	17:21
5	Anna Weigert	TV Jahn Wolfsburg	17:23
6	Janina Pedroß	TSV Münchehof	17:55
6	Chris Wurm	TSV Münchehof	17:55
8	Christoph Husmann	Seesen	18:12
8	Aaron Husmann	Seesen	18:12
8	Levin Husmann	Seesen	18:12
11	Sandra Wöhrer	TV Jahn Wolfsburg	19:32
12	Lara Isfort	TSV Münchehof	20:31
12	Juliane Isfort	TSV Münchehof	20:31
14	Felix Salau	MTV Seesen	21:32
15	Julia Stark	MTV Seesen	21:35
15	Hanna Stark	MTV Seesen	21:35
17	Johannes Gurtmann	TG 1860 Münden	22:05
18	Ria Wittke	SV Hildesia Diekholzen	22:45
18	Romy Frank	SV Hildesia Diekholzen	22:45
18	Sania Stamer	SV Hildesia Diekholzen	22:45
21	Leif Liebing	SV Bovenden	23:35
21	Saskia Ernst-Liebing	SV Bovenden	23:35
23	Jaqueline Zozgornik	Jacobson-Gym. Seesen	25:55
23	Lionilla Shumskov	Jacobson-Gym. Seesen	25:55
25	Nina Döllgast	MTV Seesen	26:18
25	Katharina Lorenz	SV Hildesia Diekholzen	26:18
25	Leonie Lochte	SV Hildesia Diekholzen	26:18
28	Angela Schmidt	MTV Seesen	28:55
28	Dagmar Blunck	Seesen	28:55
30	Robin von Gaza	OLV Uslar	30:07
30	Christiane Mülle	OLV Uslar	30:07
32	Melisa Alvarez	Seesen	1:02:54
32	Munja Bousfanji	Seesen	1:02:54
	Jette Körber	OLV Uslar	N Ang
L II (25)			
1	Thorsten Weigert	TV Jahn Wolfsburg	35:47
2	Daniel Liebing	SV Bovenden	45:10
3	Moritz Kleiner	MTV Seesen	47:02
3	Jonathan Schmidt	MTV Seesen	47:02
5	Florian Redeker	HSV Hardegsen	51:16
5	Daniela Schäfer	HSV Hardegsen	51:16
5	Nils Timmermann	HSV Hardegsen	51:16
8	Stefan Krüger	Seesen	55:45
8	Jessica Nehls	Seesen	55:45
8	Jan Patrik Schweda	Seesen	55:45
11	Rüdiger Birkner	MTV Seesen	55:53
11	Wolfgang Rühlemann	MTV Seesen	55:53
13	Fabian Marquardt	MTV Seesen	56:43
13	Marcel Brose	Seesen	56:43
13	Lina Oberbeck	MTV Seesen	56:43
16	Stephan Dettmer	Seesen	1:01:55
16	Daniel Weisheit	MTV Seesen	1:01:55

Pl	Name	g Verein	Zeit
L II (25)			(Forts.)
18	Achim Pedroß	TSV Münchehof	1:04:32
18	Andreas Hosang	TSV Münchehof	1:04:32
20	Sophie Hepe	TSV Münchehof	1:08:24
20	Dustin Ristock	TSV Münchehof	1:08:24
22	Britta Hepe	TSV Münchehof	1:11:16
22	Markus Hepe	TSV Münchehof	1:11:16
	Philip Wolf	MTV Seesen	N Ang
	Stephanie Rost	Seesen	N Ang
M (39)			
1	Anke von Gaza	OLV Uslar	22:57
2	Philip Prange	Jacobson-Gym. Seesen	23:41
2	Heiko Pilgermann	MTV Seesen	23:41
4	Marco Baldan	Hochschulsport Hannover	24:57
5	Sonja Kunze	OLV Uslar	25:30
6	Yannick Diezemann	Corvinianum Northeim	26:48
7	Jordan Sophie Meisel	OLV Uslar	28:12
8	Thore Napp	Braunschweiger MTV	28:48
9	Christoph Husmann	Seesen	29:58
9	Julia Zozgornik	Seesen	29:58
11	Lucia Stolze	SV Bovenden	30:20
11	Karla Breckle	SV Bovenden	30:20
13	Paulo Urzua Torres	TV Jahn Wolfsburg	31:07
14	Marcel Frank	SV Hildesia Diekholzen	31:52
15	Jana Dettmer	SV Hildesia Diekholzen	32:57
16	Barbara Szafranski	MTV Seesen	33:34
16	Miriam Schmidt	MTV Seesen	33:34
18	Laura Finkenstädt	OLV Uslar	34:26
18	Svenja Pabst	OLV Uslar	34:26
20	Maximilian Seidel	SK Oker	35:27
20	Carlotta Haupt	SK Oker	35:27
22	Nicole Frank	SV Hildesia Diekholzen	35:30
23	Sabine Nash	TK Hannover	35:42
24	Brandon Nash	TK Hannover	35:46
25	Sophie Kuhn	TK Hannover	37:43
26	Emma Weiß	Corvinianum Northeim	39:17
26	Raphael Serra Mock	Corvinianum Northeim	39:17
28	Nike Schröder	Corvinianum Northeim	42:52
28	Joris Himpel	Corvinianum Northeim	42:52
28	Maximilian Hohmann	Corvinianum Northeim	42:52
31	Nicole Salwasser	Corvinianum Northeim	45:34
31	Anna Lünemann	Corvinianum Northeim	45:34
	Jan Hanke	TK Hannover	N Ang
	Kenzo Hellgardt	TK Hannover	N Ang
	Mina Hellgardt	TK Hannover	N Ang
	Maren Strauß	SV Hildesia Diekholzen	N Ang
	Julius Nißlein	Corvinianum Northeim	N Ang
	Hannah Wüstefeld	Corvinianum Northeim	N Ang
	Marleen Könecke	Corvinianum Northeim	N Ang

Pl	Name	g Verein	Zeit
S I (21)			
1	Jussi Bruns	MTK Bad Harzburg	30:20
2	Marco Urzua Wöhrer	TV Jahn Wolfsburg	32:33
3	Malte Finkenstädt	OLV Uslar	32:48
4	Gunnar Grote	OLV Uslar	35:57
5	Sven Buchholz	MTK Bad Harzburg	36:11
6	Stephan Schliebener	OLV Uslar	36:44
7	Christian Wittenbecher	TK Hannover	37:42
8	Henrike Wittenbecher	TK Hannover	40:45
8	Lena-Maria Klose	MTV Seesen	40:45
8	Lilly Hintz	MTV Seesen	40:45
11	Tanja Buchholz	MTK Bad Harzburg	40:58
12	Till Raake	MTV Seesen	46:04
13	Silke Napp	Braunschweiger MTV	47:17
14	Heidrun Finke	OLV Uslar	48:30
15	Kai-Anke Hornbruch	TK Hannover	59:00
16	Lennart Bardtke	Seesen	1:01:25
16	Rebekka Schmidt	MTV Seesen	1:01:25
16	Michel Voß	MTV Seesen	1:01:25
	Fiona Nash	TK Hannover	N Ang
	Oliver Hillebrandt	OLV Uslar	N Ang
	Horst von Gaza	OLV Uslar	N Ang
S II (23)			
1	Christoph Hofmeister	MTK Bad Harzburg	34:27
2	Tom Buchholz	MTK Bad Harzburg	35:19
3	Matti Bruns	MTK Bad Harzburg	35:32
4	Rolf Breckle	SV Bovenden	36:27
5	Nilas Stamer	MTK Bad Harzburg	37:23
6	Theo Hennisler	MTV Seesen	37:24
7	Aaron Wandelt	MTV Seesen	37:38
8	Joachim Stamer	MTK Bad Harzburg	40:13
9	Fabian Ulbrich	OLV Uslar	41:47
10	Uta Hillebrand	TK Hannover	42:14
11	Thilo Bruns	MTK Bad Harzburg	42:17
12	Henning Bruns	MTK Bad Harzburg	45:02
13	Ann-Charlotte Spangenberg	TG 1860 Münden	45:33
14	Pia Buchholz	MTK Bad Harzburg	47:45
15	Lion Bernsdorf	MTV Seesen	54:36
16	Michael Schwien	SC Klecken	56:45
17	Jan Hermanns	Seesen	58:53
18	Jonas Requadt	Seesen	1:02:48
19	Rochus Souan	SV Hildesia Diekholzen	1:06:40
20	Ansgar Esztermann	OLV Uslar	1:17:36
	Jan Klose	MTV Seesen	Aufg
	Renate Willmann	ohne Verein	N Ang
	Bennet Grote	OLV Uslar	N Ang