

Pl	Name	Kat	Zeit																	
Bahn 1 (7)				10,0 km	440 Hm	30 P														
				1(51)	2(52)	3(53)	4(34)	5(35)	6(37)	7(57)	8(45)	9(55)	10(70)	11(56)	12(49)	13(36)	14(38)			
				15(58)	16(65)	17(41)	18(77)	19(60)	20(61)	21(59)	22(40)	23(39)	24(63)	25(64)	26(42)	27(43)	28(44)			
				29(33)	30(100)	Ziel														
1	Markus Müller OSC Kassel	H19L	83:26	3:15 3:15 41:19 1:31 82:35 0:59	4:48 1:33 50:00 8:41 82:56 0:21	7:52 3:04 51:03 1:03 83:26 0:30	13:38 5:46 53:19 2:16 2:15	16:44 3:06 55:34 2:15	19:51 3:07 57:29 1:55	21:24 1:33 58:26 0:57	22:51 1:27 65:56 7:30	24:56 2:05 70:07 4:11	28:35 3:39 75:24 5:17	31:33 2:58 77:24 2:00	32:50 1:17 78:59 1:35	35:50 3:00 80:25 1:26	39:48 3:58 81:36 1:11			
2	Kilian Lilje TSV Worpswede	H19L	90:30	2:49 2:49 42:46 1:37 89:49 0:46	4:29 1:40 53:38 10:52 90:05 0:16	7:20 2:51 54:48 1:10 90:30 0:25	15:00 7:40 57:02 2:14	17:17 2:17 59:48 2:46	20:46 3:29 61:59 2:11	22:54 2:08 63:03 1:04	24:20 1:26 70:23 7:20	26:51 2:31 74:58 4:35	29:55 3:04 82:06 7:08	32:39 2:44 84:34 2:28	33:59 1:20 86:11 1:37	37:48 3:49 87:45 1:34	41:09 3:21 89:03 1:18			
3	Aaron Wandelt MTV Seesen	H19L	103:33	2:51 2:51 53:10 1:50 102:40 0:52	5:40 2:49 63:38 10:28 103:02 0:22	8:39 2:59 64:54 1:16 103:33 0:31	15:54 7:15 66:49 1:55	18:22 2:28 69:38 2:49	22:06 3:44 71:46 2:08	24:28 2:22 72:55 1:09	26:01 1:33 81:58 9:03	28:42 2:41 87:32 5:34	31:56 3:14 93:32 6:00	41:58 10:02 97:01 3:29	43:29 1:31 98:39 1:38	47:29 4:00 100:37 1:58	51:20 3:51 101:48 1:11			
4	Tom Buchholz MTK Bad Harzburg	H19L	104:40	4:36 4:36 54:03 1:55 103:40 0:59	6:29 1:53 63:58 9:55 104:03 0:23	10:21 3:52 66:07 2:09 104:40 0:37	18:26 8:05 68:14 2:07	21:15 2:49 70:54 2:40	26:09 4:54 73:21 2:27	28:26 2:17 74:26 1:05	30:24 1:58 82:53 8:27	33:23 2:59 87:59 5:06	38:55 5:32 94:53 6:44	42:37 3:42 97:09 2:26	44:00 1:23 99:35 2:26	47:39 3:39 101:25 1:50	52:08 4:29 102:41 1:16			
5	Leon Kollenbach Ski-Club Helsa	H19L	110:58	3:23 3:23 54:27 2:11 109:55 0:58	5:19 1:56 65:40 11:13 110:19 0:24	9:49 4:30 66:58 1:18 110:58 0:39	18:55 9:06 69:10 2:12	22:08 3:13 74:40 5:30	26:47 4:39 77:46 3:06	29:28 2:41 79:28 1:42	31:31 2:03 89:27 9:59	34:39 3:08 94:53 5:26	39:00 4:21 101:52 6:59	42:16 3:16 104:23 2:31	43:29 1:13 106:16 1:53	48:02 4:33 107:52 1:36	52:16 4:14 108:57 1:05			
	Matti Bruns MTK Bad Harzburg	H19L	Fehlst	2:32 2:32 36:56 1:47 77:08 0:53	3:52 1:20 45:26 8:30 77:28 0:20	----- ----- 46:16 0:50 77:54 0:26	10:39 6:47 48:18 2:02	13:03 2:24 50:52 2:34	16:24 3:21 53:04 2:12	18:14 1:50 54:09 1:05	19:41 1:27 60:46 6:37	22:11 2:30 65:20 4:34	25:09 2:58 70:13 4:53	27:41 2:32 71:46 1:33	28:37 0:56 73:16 1:30	31:56 3:19 74:52 1:36	35:09 3:13 76:15 1:23			
	Jan Schliebener OLV Uslar	H19L	N Ang																	
Bahn 2 (12)				7,5 km	350 Hm	24 P														
				1(51)	2(32)	3(59)	4(53)	5(34)	6(35)	7(37)	8(57)	9(45)	10(55)	11(70)	12(56)	13(49)	14(36)			
				15(38)	16(58)	17(65)	18(63)	19(64)	20(42)	21(43)	22(81)	23(80)	24(100)	Ziel						
1	Philipp Dombert Bielefelder TG	H35	78:09	3:14 3:14 50:22 4:23	4:28 1:14 52:12 1:50	7:41 3:13 63:31 11:19	9:35 1:54 68:53 5:22	18:38 9:03 71:23 2:30	21:45 3:07 73:16 1:53	26:01 4:16 75:03 1:47	28:11 2:10 76:18 1:15	30:19 2:08 76:54 0:36	33:26 3:07 77:32 0:38	36:57 3:31 78:09 0:37	40:21 3:24 79:09 0:58	41:37 1:16 80:55 1:38	45:59 4:22 81:36 3:51			
2	Theo Hennseler MTV Seesen	H18	80:55	3:29 3:29 54:46 4:02	5:00 1:31 56:42 1:56	8:17 3:17 67:15 10:33	10:12 1:55 72:47 5:32	20:24 3:25 75:17 2:30	23:49 5:08 76:51 1:34	28:57 2:52 78:21 1:30	31:49 1:43 79:26 1:05	33:32 2:57 79:55 0:29	36:29 2:38 80:29 0:34	40:07 3:38 80:55 0:26	45:15 5:08 80:55 0:58	46:53 1:38 81:36 *79	50:44 3:51 82:03 0:58			
3	Jens Struckmann Braunschweiger MT	H35	82:03	3:41 3:41 55:14 4:25	4:48 1:07 57:23 2:09	7:48 3:00 68:04 10:41	9:28 1:40 73:10 5:06	18:43 9:15 74:59 1:49	21:44 3:01 76:53 1:54	25:49 4:05 78:47 1:54	28:33 2:44 80:16 1:29	30:18 1:45 80:50 0:34	34:05 3:47 81:27 0:37	37:52 3:47 82:03 0:36	43:38 5:46 82:03 0:36	45:03 1:25 82:03 0:36	50:49 5:46 82:03 0:36			
4	Jan Knaup Braunschweiger MT	H35	86:54	3:47 3:47 55:15 4:31	5:13 1:26 57:34 2:19	8:27 3:14 69:05 11:31	10:39 2:12 75:43 6:38	20:06 9:27 79:15 3:32	23:28 3:22 81:27 2:12	28:24 4:56 83:43 2:16	31:07 2:43 85:00 1:17	33:14 2:07 85:34 0:34	36:30 3:16 86:16 0:42	40:34 4:04 86:54 0:38	44:43 4:09 86:54 0:37	46:23 1:40 86:54 0:36	50:44 4:21 86:54 0:36			
5	Paulo Urzua Torres TV Jahn Wolfsburg	H35	94:30	4:02 4:02 58:41 4:40	5:33 1:31 60:57 2:16	8:48 3:15 74:39 13:42	10:43 1:55 83:01 8:22	20:03 9:20 86:04 3:03	23:00 2:57 88:15 2:11	28:22 5:22 90:33 2:18	30:52 2:30 92:28 1:55	32:46 1:54 93:12 0:44	35:57 3:11 93:53 0:41	40:27 4:30 94:30 0:37	46:19 5:52 94:30 0:37	49:20 3:01 94:30 0:37	54:01 4:41 94:30 0:37			
6	Thorsten Weigert TV Jahn Wolfsburg	H35	96:36	2:48 2:48 61:23 3:59	4:03 1:15 63:44 2:21	7:16 3:13 75:02 11:18	8:44 1:28 81:48 6:46	16:21 7:37 86:47 4:59	20:42 4:21 88:52 2:05	26:22 5:40 91:20 2:28	29:04 2:42 93:03 1:43	32:07 3:03 94:58 1:55	35:19 3:12 95:54 0:56	40:37 5:18 96:36 0:42	48:16 7:39 96:36 0:42	50:00 1:44 96:36 0:42	57:24 7:24 96:36 0:42			
7	Jens Wittke SV Hildesia Diekhol	H35	98:43	6:05 6:05 65:55 7:52	7:31 1:26 67:52 1:57	10:20 2:49 79:48 11:56	11:53 1:33 87:00 7:12	24:51 12:58 91:12 4:12	29:06 4:15 93:30 2:18	33:19 4:13 95:55 2:25	36:02 2:43 96:58 1:03	38:02 2:00 97:39 0:41	43:03 5:01 98:13 0:34	46:21 3:18 98:43 0:30	49:51 3:30 98:43 0:30	51:36 1:45 98:43 0:30	58:03 6:27 98:43 0:30			
8	Bennet Grote OLV Uslar	H18	99:13	4:04 4:04 61:07 6:18	5:26 1:22 64:01 2:54	9:21 3:55 79:43 15:42	11:23 2:02 87:10 7:27	21:41 10:18 91:02 3:52	25:16 3:35 93:32 2:30	30:28 5:12 95:39 2:07	33:24 2:56 97:05 1:26	35:27 2:03 97:42 0:37	38:56 3:29 98:29 0:47	43:12 4:16 99:13 0:44	47:34 4:22 99:13 0:44	49:28 1:54 99:13 0:44	54:49 5:21 99:13 0:44			

Pl	Name	Kat	Zeit														
Bahn 2 (12)				7,5 km 350 Hm	24 P	<i>(Forts.)</i>											
				1(51) 15(38)	2(32) 16(58)	3(59) 17(65)	4(53) 18(63)	5(34) 19(64)	6(35) 20(42)	7(37) 21(43)	8(57) 22(81)	9(45) 23(80)	10(55) 24(100)	11(70) Ziel	12(56)	13(49)	14(36)
9	Theo Darimond TG Münden	H18	106:49	3:48 3:48 66:16	5:23 1:35 68:41	8:28 3:05 84:31	10:33 2:05 94:06	22:42 12:09 97:45	25:42 3:00 99:59	30:37 4:55 102:12	33:26 2:49 104:48	35:34 2:08 105:35	38:25 2:51 106:19	44:00 5:35 106:49	51:14 7:14	52:56 1:42	60:46 7:50
10	Julius Wandelt MTV Seesen	H18	111:41	5:30 7:19 7:19 74:35	2:25 8:47 1:28 77:15	15:50 13:13 4:26 90:11	9:35 16:02 2:49 97:57	3:39 27:58 11:56 101:41	2:14 31:56 3:58 104:59	2:13 37:27 5:31 107:35	2:36 40:56 3:29 109:31	0:47 43:13 2:17 110:19	0:44 47:49 4:36 111:01	0:30 54:28 6:39 111:41	62:52 8:24	64:36 1:44	69:14 4:38
	Christoph Freudenf TSV Worpswede	H35	Fehlst	2:56 2:56 50:53	3:54 0:58 52:37	6:23 2:29 62:09	7:55 1:32 68:06	15:36 7:41 70:53	18:01 2:25 72:28	23:24 5:23 73:55	25:42 2:18 75:02	27:18 1:36 75:28	30:12 2:54 -----	35:44 5:32 76:33	39:56 4:12	42:00 2:04	46:46 4:46 74:38
	Jussi Bruns MTK Bad Harzburg	H18	N Ang	4:07	1:44	9:32	5:57	2:47	1:35	1:27	1:07	0:26	1:05			*60	*79
Bahn 3 (15)				6,5 km 300 Hm	21 P												
				1(46) 15(41)	2(73) 16(64)	3(32) 17(42)	4(59) 18(43)	5(34) 19(44)	6(35) 20(33)	7(37) 21(100)	8(57) Ziel	9(45)	10(55)	11(70)	12(38)	13(58)	14(65)
1	Gerrit Rode TSV Worpswede	H45	55:22	0:49 0:49 1:41	2:09 1:20 2:48	3:48 1:39 1:37	6:31 2:43 1:45	14:21 7:50 1:26	16:55 2:34 0:47	20:31 3:36 0:18	23:04 2:33 0:26	24:41 1:37	27:11 2:30 *60	30:16 3:05	33:26 3:10	35:26 2:00	44:34 9:08
2	Martin Hensseler MTV Seesen	H45	57:16	0:56 0:56 47:49	2:19 1:23 50:03	4:16 1:57 52:10	7:08 2:52 53:53	15:55 8:47 55:24	18:37 2:42 56:23	22:11 3:34 57:16	24:16 2:05	26:02 1:46	28:49 2:47	32:02 3:13	35:19 3:17	37:09 1:50	46:41 9:32
3	Joachim Stamer MTK Bad Harzburg	H45	60:20	0:46 0:46 51:51	4:30 3:44 53:35	6:48 2:18 55:41	9:58 3:10 57:18	18:07 8:09 58:23	21:20 3:13 59:21	26:02 4:42 59:43	28:36 2:34 60:20	30:07 1:31 2:43	32:50 3:08	35:58 3:08	38:53 2:55	40:31 1:38	50:34 10:03
4	Thilo Bruns MTK Bad Harzburg	H45	62:12	0:58 0:58 52:29	2:21 1:23 54:28	4:41 2:20 56:30	7:46 3:05 58:28	17:11 9:25 60:05	20:17 3:06 61:13	24:35 4:18 61:37	27:22 2:47 62:12	29:17 1:55	32:02 2:45	35:31 3:29	38:37 3:06	40:38 2:01	50:58 10:20
5	Eike Bruns MTK Bad Harzburg	H45	63:30	1:31 0:50 52:56	1:59 2:32 55:19	2:02 4:49 57:11	1:58 7:42 59:58	1:37 18:22 61:23	1:08 21:17 62:29	0:24 25:15 62:53	0:35 27:32 63:30	29:16 33:32	36:47 4:16	39:58 3:15	41:53 3:11	51:34 1:55	9:41
6	Jörg Kleinholz-Mewe TuS Bothfeld 04	H45	73:14	1:22 1:24 61:40	2:53 1:29 64:41	4:50 1:57 66:43	8:41 3:51 68:27	18:10 9:29 69:58	21:46 3:36 72:02	25:49 4:03 72:25	28:11 2:22 73:14	30:05 1:54	32:55 2:50	38:05 5:10	41:39 3:34	48:40 7:01	59:34 10:54
7	Pia Buchholz MTK Bad Harzburg	D19L	74:57	2:06 1:07 63:49	3:01 3:07 66:36	2:02 5:31 68:54	1:44 9:31 71:17	1:31 21:00 72:50	2:04 25:35 73:55	0:23 30:45 74:19	0:49 33:55 74:57	36:10 39:28	43:24 47:05	47:05 49:26	49:26 61:58	51:34 6:15	61:58
8	Katharina Linke MTV Seesen	D19L	84:46	1:51 1:24 74:59	2:47 4:58 77:30	2:18 7:37 80:00	2:23 11:06 81:43	1:33 22:52 82:59	1:05 31:36 83:54	0:24 36:38 84:16	0:38 39:31 84:46	41:28 44:59	50:51 54:21	54:21 56:54	56:54 72:14	61:58	72:14
9	Oliver Hillebrandt OLV Uslar	H45	87:41	2:45 1:04 75:46	2:31 3:08 78:43	2:30 5:22 81:16	1:43 9:13 83:35	1:16 21:25 85:17	0:55 25:07 86:36	0:22 31:29 87:04	0:30 34:57 87:41	37:21 41:00	47:53 47:53	52:18 52:18	54:55 54:55	73:44 73:44	18:49
10	Carolin Bernsdorf MTV Seesen	D19L	87:56	1:13 1:13 76:12	2:58 1:45 78:38	6:04 3:06 81:16	10:32 4:28 83:55	25:33 15:01 85:31	29:13 3:40 86:46	37:54 8:41 87:12	41:15 3:21 87:56	43:22 2:07	46:58 3:36	51:37 4:39	56:37 5:00	59:52 3:15	74:30 14:38
11	Christine Franke Uni Göttingen	D19L	94:04	1:42 1:41 78:24	2:26 3:36 82:13	2:38 6:34 85:15	2:39 10:26 87:46	1:36 23:33 90:50	27:09 33:52 92:42	33:52 6:43 93:19	39:17 5:25 94:04	41:11 1:54	44:27 3:16	49:26 4:59	53:42 4:16	57:50 4:08	76:03 18:13
12	Gunnar Grote OLV Uslar	H45	94:07	2:21 1:42 79:34	3:49 2:00 83:37	3:02 7:08 87:06	2:31 12:52 89:35	3:04 25:24 91:20	1:52 28:40 92:56	0:37 34:51 93:24	0:45 39:24 94:07	42:10 2:46	46:29 4:19	53:49 7:20	58:09 4:20	61:29 3:20	77:15 15:46
13	Andrey Nedoborovs BSV Halle-Ammendo	H45	99:55	2:19 1:49 88:24	4:03 3:56 91:10	3:29 2:47 93:48	2:29 3:54 95:57	1:45 14:59 97:31	1:36 3:53 98:59	0:28 5:05 99:23	0:43 3:05 99:55	41:17 1:49	45:04 3:47	55:53 10:49	59:54 4:01	62:55 3:01	86:49 23:54
14	Christoph Napp TV Jahn Wolfsburg	H45	148:08	1:35 2:05 2:05 127:24	2:46 4:52 2:47 132:38	2:38 9:09 4:17 137:01	2:09 15:19 6:10 141:06	1:34 34:49 19:30 143:59	1:28 40:17 5:28 146:20	0:24 49:49 9:32 147:05	0:32 57:40 7:51 148:08	69:58 76:38	84:21 84:21	91:36 91:36	95:56 95:56	123:37 123:37	27:41

Pl	Name	Kat	Zeit														
Bahn 3 (15)			6,5 km 300 Hm		21 P		<i>(Forts.)</i>										
			1(46)	2(73)	3(32)	4(59)	5(34)	6(35)	7(37)	8(57)	9(45)	10(55)	11(70)	12(38)	13(58)	14(65)	
			15(41)	16(64)	17(42)	18(43)	19(44)	20(33)	21(100)	Ziel							
	Lina Buchberger	D19L	Aufg	1:03	2:41	6:06	10:33	-----	-----	-----	-----	-----	-----	-----	-----	-----	21:49
	MTV Seesen			1:03	1:38	3:25	4:27										11:16
				24:13	27:36	31:50	34:37	36:20	37:38	38:11	39:06						
				2:24	3:23	4:14	2:47	1:43	1:18	0:33	0:55						
Bahn 4 (14)			5,8 km 270 Hm		17 P												
			1(51)	2(32)	3(59)	4(34)	5(35)	6(36)	7(70)	8(38)	9(40)	10(39)	11(69)	12(62)	13(65)	14(42)	
			15(43)	16(81)	17(100)	Ziel											
1	Till Buchberger	H16	50:25	3:01	4:11	7:01	14:56	17:07	20:51	23:48	26:39	29:39	35:07	37:46	41:58	43:50	45:56
	MTV Seesen			3:01	1:10	2:50	7:55	2:11	3:44	2:57	2:51	3:00	5:28	2:39	4:12	1:52	2:06
				1:42	1:10	1:04	0:33										
2	Fabian Ulbrich	H19K	56:36	3:23	4:33	7:46	17:53	20:40	25:23	29:49	33:21	36:29	41:33	44:17	47:21	49:30	51:54
	OLV Uslar			3:23	1:10	3:13	10:07	2:47	4:43	4:26	3:32	3:08	5:04	2:44	3:04	2:09	2:24
				53:41	54:58	56:00	56:36										
				1:47	1:17	1:02	0:36										
3	Alexey Kupriyanov	H19K	68:00	3:45	5:15	8:29	18:49	22:24	30:16	34:33	38:14	43:28	49:47	53:23	57:26	60:34	63:09
	OC München			3:45	1:30	3:14	10:20	3:35	7:52	4:17	3:41	5:14	6:19	3:36	4:03	3:08	2:35
				64:44	66:23	67:29	68:00		65:37								
				1:35	1:39	1:06	0:31		*79								
4	Jonas Knaup	H16	68:06	3:54	5:32	8:22	18:48	21:54	26:29	30:02	33:56	38:30	48:04	50:58	58:44	60:50	63:17
	Braunschweiger MT			3:54	1:38	2:50	10:26	3:06	4:35	3:33	3:54	4:34	9:34	2:54	7:46	2:06	2:27
				65:09	66:29	67:40	68:06										
				1:52	1:20	1:11	0:26										
5	Aaron Niazi	H16	71:41	4:35	5:43	8:49	21:08	23:45	28:02	31:38	36:08	40:09	47:55	52:31	55:26	59:00	66:14
	TSV Worpsswede			4:35	1:08	3:06	12:19	2:37	4:17	3:36	4:30	4:01	7:46	4:36	2:55	3:34	7:14
				68:19	69:43	71:14	71:41										
				2:05	1:24	1:31	0:27										
6	Daniel Nedoborovsk	H16	77:10	2:59	4:05	7:30	20:01	22:59	27:58	32:46	36:56	45:53	53:39	57:26	65:20	68:24	71:12
	BSV Halle-Ammendo			2:59	1:06	3:25	12:31	2:58	4:59	4:48	4:10	8:57	7:46	3:47	7:54	3:04	2:48
				72:58	75:36	76:38	77:10										
				1:46	2:38	1:02	0:32										
7	Jakob Eberwien	H19K	82:23	5:39	8:11	11:16	24:06	29:48	36:57	42:46	48:08	53:50	60:25	63:39	69:58	72:56	76:36
	OLV Uslar			5:39	2:32	3:05	12:50	5:42	7:09	5:49	5:22	5:42	6:35	3:14	6:19	2:58	3:40
				78:47	80:22	81:45	82:23										
				2:11	1:35	1:23	0:38										
8	Sven-Guido Schulze	H16	93:05	11:14	12:59	17:53	33:05	39:14	44:21	48:54	53:05	62:01	69:44	73:40	81:21	84:32	87:15
	TV Jahn Wolfsburg			11:14	1:45	4:54	15:12	6:09	5:07	4:33	4:11	8:56	7:43	3:56	7:41	3:11	2:43
				88:59	91:37	92:37	93:05		89:48								
				1:44	2:38	1:00	0:28		*79								
9	Robert Nuske	H19K	94:39	4:44	6:21	9:44	22:03	25:31	31:04	35:58	40:51	45:46	52:59	56:52	76:43	85:11	88:50
	TK Hannover			4:44	1:37	3:23	12:19	3:28	5:33	4:54	4:53	4:55	7:13	3:53	19:51	8:28	3:39
				91:16	92:49	94:03	94:39		8:21								
				2:26	1:33	1:14	0:36		*61								
10	Lukas Bersuck	H19K	97:27	4:59	7:00	12:13	25:59	29:30	36:23	42:44	48:56	55:49	66:07	72:44	79:16	85:13	90:56
	Bielefelder TG			4:59	2:01	5:13	13:46	3:31	6:53	6:21	6:12	6:53	10:18	6:37	6:32	5:57	5:43
				93:43	95:46	96:55	97:27										
				2:47	2:03	1:09	0:32										
11	Sven Buchholz	H19K	100:39	13:25	15:12	19:12	31:05	35:44	42:05	48:40	53:42	61:21	69:15	74:28	79:29	83:02	93:57
	MTK Bad Harzburg			13:25	1:47	4:00	11:53	4:39	6:21	6:35	5:02	7:39	7:54	5:13	5:01	3:33	10:55
				96:37	98:36	100:03	100:39		3:11								
				2:40	1:59	1:27	0:36		*73								
	Marco Urzua Wöhrer	H16	N Ang														
	TV Jahn Wolfsburg																
	Felix Drese	H19K	N Ang														
	OLV Uslar																
	Thore Napp	H16	N Ang														
	TV Jahn Wolfsburg																
Bahn 5 (20)			5,8 km 290 Hm		21 P												
			1(60)	2(61)	3(59)	4(53)	5(34)	6(35)	7(36)	8(70)	9(38)	10(40)	11(67)	12(39)	13(63)	14(62)	
			15(65)	16(41)	17(42)	18(43)	19(44)	20(80)	21(100)	Ziel							
1	Horst von Gaza	H55	59:06	1:56	4:06	5:23	7:01	15:23	18:15	23:25	27:09	30:44	34:24	37:21	39:53	45:27	49:14
	OLV Uslar			1:56	2:10	1:17	1:38	8:22	2:52	5:10	3:44	3:35	3:40	2:57	2:32	5:34	3:47
				51:06	52:29	53:53	55:37	56:57	57:52	58:30	59:06						
				1:52	1:23	1:24	1:44	1:20	0:55	0:38	0:36						
2	Henning Bruns	H55	63:44	1:49	4:10	5:31	7:31	16:13	19:21	24:06	27:58	31:38	35:40	38:50	42:26	48:06	52:31
	MTK Bad Harzburg			1:49	2:21	1:21	2:00	8:42	3:08	4:45	3:52	3:40	4:02	3:10	3:36	5:40	4:25
				55:03	56:25	58:11	60:08	61:34	62:26	63:07	63:44						
				2:32	1:22	1:46	1:57	1:26	0:52	0:41	0:37						
3	Arne Kristensen	H55	67:17	2:51	4:55	6:06	8:19	17:35	20:34	25:25	29:53	33:34	37:18	41:06	46:35	53:53	57:22
	Herlufsholm OK			2:51	2:04	1:11	2:13	9:16	2:59	4:51	4:28	3:41	3:44	3:48	5:29	7:18	3:29
				59:12	60:27	61:51	63:39	64:55	65:52	66:31	67:17						
				1:50	1:15	1:24	1:48	1:16	0:57	0:39	0:46						

Pl	Name	Kat	Zeit	1(60)	2(61)	3(59)	4(53)	5(34)	6(35)	7(36)	8(70)	9(38)	10(40)	11(67)	12(39)	13(63)	14(62)
Bahn 5 (20)				5,8 km 290 Hm		21 P		<i>(Forts.)</i>									
				15(65)	16(41)	17(42)	18(43)	19(44)	20(80)	21(100)	Ziel						
4	Ivana Knaupova Braunschweiger MT	D35	70:50	2:00	4:16	5:30	7:21	17:11	20:08	26:07	31:35	35:30	39:20	43:01	46:00	53:08	59:39
				2:00	2:16	1:14	1:51	9:50	2:57	5:59	5:28	3:55	3:50	3:41	2:59	7:08	6:31
				61:38	63:10	64:36	66:44	68:31	69:29	70:10	70:50						
				1:59	1:32	1:26	2:08	1:47	0:58	0:41	0:40						
5	Elanor Henriksen Horsens OK	D18	71:52	1:36	3:55	6:13	7:57	16:48	20:15	25:12	29:11	32:44	36:54	40:18	43:25	52:05	61:48
				1:36	2:19	2:18	1:44	8:51	3:27	4:57	3:59	3:33	4:10	3:24	3:07	8:40	9:43
				63:34	65:02	66:28	68:29	69:44	70:41	71:17	71:52						
				1:46	1:28	1:26	2:01	1:15	0:57	0:36	0:35						
6	Dirk Strauß SV Hildesia Diekhof	H55	78:26	2:03	4:20	5:30	7:36	21:52	25:05	30:07	39:00	42:32	46:52	51:10	54:13	61:03	67:06
				2:03	2:17	1:10	2:06	14:16	3:13	5:02	8:53	3:32	4:20	4:18	3:03	6:50	6:03
				69:17	71:06	72:50	74:47	76:14	77:09	77:48	78:26						
				2:11	1:49	1:44	1:57	1:27	0:55	0:39	0:38						
7	Michael Kukis OSC Kassel	H55	81:30	5:47	7:48	9:04	10:59	22:05	25:13	30:28	34:48	41:35	46:10	49:25	53:22	62:28	69:37
				5:47	2:01	1:16	1:55	11:06	3:08	5:15	4:20	6:47	4:35	3:15	3:57	9:06	7:09
				71:46	73:27	75:02	77:09	78:49	79:54	80:41	81:30		1:12	5:06			
				2:09	1:41	1:35	2:07	1:40	1:05	0:47	0:49		*46	*73			
8	Werner Drese OLV Uslar	H55	84:08	2:23	4:56	6:42	8:48	21:04	24:42	31:08	35:33	39:56	48:25	52:21	56:28	64:01	68:31
				2:23	2:33	1:46	2:06	12:16	3:38	6:26	4:25	4:23	8:29	3:56	4:07	7:33	4:30
				73:59	75:28	77:21	79:40	81:16	82:32	83:21	84:08						
				5:28	1:29	1:53	2:19	1:36	1:16	0:49	0:47						
9	Henrik Henriksen Horsens OK	H55	86:46	2:40	4:52	6:13	8:04	17:34	20:52	26:40	31:01	35:17	40:28	43:24	46:30	52:49	75:42
				2:40	2:12	1:21	1:51	9:30	3:18	5:48	4:21	4:16	5:11	2:56	3:06	6:19	22:53
				77:32	79:06	80:37	82:42	84:14	85:18	86:03	86:46						
				1:50	1:34	1:31	2:05	1:32	1:04	0:45	0:43						
10	Christian Buchberg MTV Seesen	H55	90:24	3:08	5:19	6:58	9:13	19:40	23:11	30:16	34:26	38:36	45:03	50:20	54:32	64:15	70:26
				3:08	2:11	1:39	2:15	10:27	3:31	7:05	4:10	4:10	6:27	5:17	4:12	9:43	6:11
				79:51	81:46	83:26	85:50	87:42	89:01	89:44	90:24						
				9:25	1:55	1:40	2:24	1:52	1:19	0:43	0:40						
11	Dieter Wehrhöfer-Be Bielefelder TG	H55	93:33	2:45	5:24	6:55	9:10	20:49	24:38	31:51	38:52	44:43	51:30	56:25	60:20	71:52	76:58
				2:45	2:39	1:31	2:15	11:39	3:49	7:13	7:01	5:51	6:47	4:55	3:55	11:32	5:06
				82:14	84:29	86:55	89:18	91:04	92:13	92:54	93:33						
				5:16	2:15	2:26	2:23	1:46	1:09	0:41	0:39						
12	Michael Schwien SC Klecken	H55	94:22	2:38	4:36	6:25	8:15	19:43	23:36	31:04	35:28	39:07	47:54	52:20	56:17	65:01	80:57
				2:38	1:58	1:49	1:50	11:28	3:53	7:28	4:24	3:39	8:47	4:26	3:57	8:44	15:56
				83:32	85:42	87:33	89:49	91:38	92:51	93:37	94:22		1:04				
				2:35	2:10	1:51	2:16	1:49	1:13	0:46	0:45		*46				
13	Sandra Wöhrer TV Jahn Wolfsburg	D35	98:28	2:57	6:17	7:53	10:27	26:40	31:05	38:28	44:40	49:04	55:09	59:37	64:13	77:57	83:04
				2:57	3:20	1:36	2:34	16:13	4:25	7:23	6:12	4:24	6:05	4:28	4:36	13:44	5:07
				87:46	89:18	91:40	94:07	95:47	96:58	97:42	98:28						
				4:42	1:32	2:22	2:27	1:40	1:11	0:44	0:46						
14	Carlotta Haupt MTK Bad Harzburg	D18	110:46	5:29	8:51	10:41	13:18	31:28	36:13	42:37	48:55	54:30	63:49	69:11	73:49	85:28	95:40
				5:29	3:22	1:50	2:37	18:10	4:45	6:24	6:18	5:35	9:19	5:22	4:38	11:39	10:12
				98:38	101:31	103:37	106:34	108:33	109:35	110:11	110:46						
				2:58	2:53	2:06	2:57	1:59	1:02	0:36	0:35						
15	Stephan Krämer TV Coburg-Neuses	H55	111:12	3:19	7:03	8:57	11:46	25:58	31:21	41:28	49:45	56:01	65:22	71:50	76:17	87:28	93:24
				3:19	3:44	1:54	2:49	14:12	5:23	10:07	8:17	6:16	9:21	6:28	4:27	11:11	5:56
				96:53	99:00	101:19	104:51	107:16	108:45	110:01	111:12		2:17				
				3:29	2:07	2:19	3:32	2:25	1:29	1:16	1:11		*46				
16	Kerstin Wittke SV Hildesia Diekhof	D35	112:24	3:26	6:30	8:37	11:25	29:49	35:20	42:15	49:56	56:13	64:50	71:24	75:51	93:03	96:47
				3:26	3:04	2:07	2:48	18:24	5:31	6:55	7:41	6:17	8:37	6:34	4:27	17:12	3:44
				99:22	102:46	105:07	107:41	109:46	110:58	111:43	112:24						
				2:35	3:24	2:21	2:34	2:05	1:12	0:45	0:41						
17	Harald Friedl TuS Stemwede	H55	118:45	3:46	7:51	10:24	13:21	31:08	39:59	49:36	56:45	63:27	69:41	77:15	83:39	93:26	99:35
				3:46	4:05	2:33	2:57	17:47	8:51	9:37	7:09	6:42	6:14	7:34	6:24	9:47	6:09
				102:45	105:11	107:47	111:53	115:01	116:37	117:46	118:45						
				3:10	2:26	2:36	4:06	3:08	1:36	1:09	0:59						
18	Dorothea Kirves TG Münden	D35	123:00	3:15	6:48	8:43	11:33	28:34	34:16	45:52	53:31	59:19	68:16	75:38	82:08	91:44	99:34
				3:15	3:33	1:55	2:50	17:01	5:42	11:36	7:39	5:48	8:57	7:22	6:30	9:36	7:50
				104:29	111:14	114:13	117:20	119:43	121:07	122:03	123:00						
				4:55	6:45	2:59	3:07	2:23	1:24	0:56	0:57						
	Anna Castilho Marca SV Hildesia Diekhof	D18	N Ang														
	Thomas Görtelmeyer MTK Bad Harzburg	H55	N Ang														
Bahn 6 (18)				4,5 km 190 Hm		16 P											
				1(46)	2(51)	3(32)	4(59)	5(40)	6(67)	7(39)	8(63)	9(65)	10(41)	11(64)	12(42)	13(50)	14(44)
				15(33)	16(100)	Ziel											
1	Anke von Gaza OLV Uslar	D45	48:56	1:14	4:33	6:10	9:51	19:01	22:49	25:28	31:00	36:50	38:00	40:35	42:54	44:26	46:39
				1:14	3:19	1:37	3:41	9:10	3:48	2:39	5:32	5:50	1:10	2:35	2:19	1:32	2:13
				47:56	48:21	48:56											
				1:17	0:25	0:35											
2	Evi Drese OLV Uslar	D45	52:44	1:11	4:32	6:31	10:58	20:28	23:29	27:10	34:10	40:39	42:11	44:38	46:36	48:17	50:34
				1:11	3:21	1:59	4:27	9:30	3:01 </								

Pl	Name	Kat	Zeit														
Bahn 6 (18)			4,5 km	190 Hm	16 P	(Forts.)											
			1(46)	2(51)	3(32)	4(59)	5(40)	6(67)	7(39)	8(63)	9(65)	10(41)	11(64)	12(42)	13(50)	14(44)	
			15(33)	16(100)	Ziel												
3	Esther Stamer	D45	54:43	1:09	4:13	5:35	9:21	18:49	22:42	27:15	33:56	41:26	43:36	46:32	49:01	50:47	52:33
			MTK Bad Harzburg	1:09	3:04	1:22	3:46	9:28	3:53	4:33	6:41	7:30	2:10	2:56	2:29	1:46	1:46
				53:42	54:05	54:43											
				1:09	0:23	0:38											
4	Michaela Bruns	D45	60:47	1:23	5:28	6:59	10:52	21:53	26:04	30:45	38:58	45:38	48:03	50:55	53:36	55:11	58:15
			MTK Bad Harzburg	1:23	4:05	1:31	3:53	11:01	4:11	4:41	8:13	6:40	2:25	2:52	2:41	1:35	3:04
				59:33	60:01	60:47											
				1:18	0:28	0:46											
5	Andrea Finkenstädt	D45	62:09	1:21	5:39	7:25	11:42	21:54	25:38	29:26	41:54	48:35	50:11	53:14	55:49	57:25	59:35
			OLV Uslar	1:21	4:18	1:46	4:17	10:12	3:44	3:48	12:28	6:41	1:36	3:03	2:35	1:36	2:10
				61:01	61:28	62:09											
				1:26	0:27	0:41											
6	Louisa Kollenbach	D16	63:17	1:26	6:10	8:06	12:17	23:36	27:03	31:07	41:37	49:48	51:48	54:26	57:13	58:49	60:59
			Ski-Club Helsa	1:26	4:44	1:56	4:11	11:19	3:27	4:04	10:30	8:11	2:00	2:38	2:47	1:36	2:10
				62:16	62:43	63:17											
				1:17	0:27	0:34											
7	Sandra Castilho Mar	D45	72:15	2:17	7:39	11:47	16:29	28:26	32:51	36:59	45:59	54:31	56:36	62:06	65:07	66:40	69:10
			SV Hildesia Diekhol	2:17	5:22	4:08	4:42	11:57	4:25	4:08	9:00	8:32	2:05	5:30	3:01	1:33	2:30
				71:00	71:29	72:15											
				1:50	0:29	0:46											
8	Tanja Buchholz	D45	77:42	1:40	6:50	8:45	13:53	28:25	32:47	37:10	48:23	58:00	60:32	64:27	68:21	70:15	74:36
			MTK Bad Harzburg	1:40	5:10	1:55	5:08	14:32	4:22	4:23	11:13	9:37	2:32	3:55	3:54	1:54	4:21
				76:25	76:56	77:42											
				1:49	0:31	0:46											
9	Sonja Kunze	D45	80:51	2:24	7:06	9:04	13:35	29:11	33:46	37:56	54:42	61:47	66:08	70:28	73:45	75:22	78:07
			OLV Uslar	2:24	4:42	1:58	4:31	15:36	4:35	4:10	16:46	7:05	4:21	4:20	3:17	1:37	2:45
				79:48	80:14	80:51											
				1:41	0:26	0:37											
10	Silke Napp	D45	83:47	1:57	6:08	8:12	13:54	29:09	34:13	42:23	52:46	61:36	65:40	69:50	73:42	76:23	80:02
			TV Jahn Wolfsburg	1:57	4:11	2:04	5:42	15:15	5:04	8:10	10:23	8:50	4:04	4:10	3:52	2:41	3:39
				82:03	82:49	83:47											
				2:01	0:46	0:58											
11	Petra Schneider	D45	84:16	1:49	7:43	10:40	16:14	29:12	33:32	41:06	57:25	66:13	67:58	72:14	74:54	76:42	81:29
			SV Hildesia Diekhol	1:49	5:54	2:57	5:34	12:58	4:20	7:34	16:19	8:48	1:45	4:16	2:40	1:48	4:47
				82:57	83:27	84:16											
				1:28	0:30	0:49											
12	Katja Tiitinen	D45	87:58	2:59	9:00	11:13	15:18	39:27	44:07	47:53	62:55	70:42	72:57	78:09	80:46	82:21	85:12
			OLV Uslar	2:59	6:01	2:13	4:05	24:09	4:40	3:46	15:02	7:47	2:15	5:12	2:37	1:35	2:51
				86:55	87:20	87:58											
				1:43	0:25	0:38											
13	Andrea Höhnke	D45	90:13	2:35	9:14	12:08	18:00	32:32	38:37	43:43	57:00	68:52	72:37	77:37	82:03	84:06	87:15
			Horsens OK	2:35	6:39	2:54	5:52	14:32	6:05	5:06	13:17	11:52	3:45	5:00	4:26	2:03	3:09
				88:55	89:24	90:13											
				1:40	0:29	0:49											
14	Katja Eckel	D45	100:04	1:54	8:07	11:32	16:00	29:19	33:41	39:15	67:04	75:06	77:08	81:01	86:15	91:15	97:11
			OLV Uslar	1:54	6:13	3:25	4:28	13:19	4:22	5:34	27:49	8:02	2:02	3:53	5:14	5:00	5:56
				98:56	99:25	100:04											
				1:45	0:29	0:39											
15	Brigitte Dersch-Koll	D45	100:28	2:28	7:45	11:04	17:26	35:30	42:34	48:09	62:11	73:25	76:06	81:05	86:11	89:34	95:20
			Ski-Club Helsa	2:28	5:17	3:19	6:22	18:04	7:04	5:35	14:02	11:14	2:41	4:59	5:06	3:23	5:46
				97:45	98:47	100:28											
				2:25	1:02	1:41											
16	Iris Hennseler	D45	108:26	2:37	6:07	9:56	20:32	31:42	37:32	43:29	73:44	86:38	88:43	92:37	96:05	99:03	105:06
			MTV Seesen	2:37	3:30	3:49	10:36	11:10	5:50	5:57	30:15	12:54	2:05	3:54	3:28	2:58	6:03
				107:16	107:44	108:26											
				2:10	0:28	0:42											
	Irene Buchberger	D45	Fehlst	2:01	5:59	8:06	12:36	35:46	41:08	45:10	54:18	62:05	64:21	70:02	72:44	74:20	-----
			MTV Seesen	2:01	3:58	2:07	4:30	23:10	5:22	4:02	9:08	7:47	2:16	5:41	2:42	1:36	
				78:53	79:23	80:10											
				4:33	0:30	0:47											
	Kristine Schulze	D45	Aufg	3:29	10:27	14:56	21:45	44:18	50:17	56:28	-----	-----	-----	-----	84:43	87:17	91:45
			TV Jahn Wolfsburg	3:29	6:58	4:29	6:49	22:33	5:59	6:11					28:15	2:34	4:28
				94:11	94:56	96:03											
				2:26	0:45	1:07											
Bahn 7 (20)			3,8 km	140 Hm	14 P												
			1(60)	2(51)	3(61)	4(40)	5(67)	6(39)	7(69)	8(62)	9(65)	10(42)	11(43)	12(44)	13(80)	14(100)	
			Ziel														
1	Udo Sobczak	H65	42:20	2:02	4:02	5:57	14:13	17:24	20:53	24:21	29:28	33:43	36:18	38:26	39:51	40:50	41:36
			MTV Soltau	2:02	2:00	1:55	8:16	3:11	3:29	3:28	5:07	4:15	2:35	2:08	1:25	0:59	0:46
				42:20													
				0:44													
2	Solia Stamer	D19K	43:05	1:42	4:13	6:46	16:12	20:40	23:43	26:51	32:52	34:46	37:15	39:25	40:45	41:40	42:23
			MTK Bad Harzburg	1:42	2:31	2:33	9:26	4:28	3:03	3:08	6:01	1:54	2:29	2:10	1:20	0:55	0:43
				43:05													
				0:42													

Pl	Name	Kat	Zeit														
Bahn 7 (20)				3,8 km	140 Hm	14 P	<i>(Forts.)</i>										
				1(60) Ziel	2(51)	3(61)	4(40)	5(67)	6(39)	7(69)	8(62)	9(65)	10(42)	11(43)	12(44)	13(80)	14(100)
3	Ann-Charlotte Spang TG Münden	D19K	44:34	1:52 1:52 44:34 0:40	3:33 1:41	5:36 2:03	13:14 7:38	16:52 3:38	22:16 5:24	25:32 3:16	33:18 7:46	36:33 3:15	39:14 2:41	40:56 1:42	42:17 1:21	43:14 0:57	43:54 0:40
4	Heidrun Finke OLV Uslar	D55	49:02	3:52 3:52 49:02 0:46	6:05 2:13	8:26 2:21	18:12 9:46	22:26 4:14	26:05 3:39	29:46 3:41	35:33 5:47	38:38 3:05	41:56 3:18	44:23 2:27	46:11 1:48	47:25 1:14	48:16 0:51
5	Bernd Höfner OLV Uslar	H65	50:00	5:48 5:48 50:00 0:28	8:04 2:16	10:08 2:04	20:49 10:41	24:16 3:27	28:01 3:45	31:06 3:05	38:33 7:27	40:55 2:22	43:59 3:04	46:11 2:12	47:53 1:42	48:56 1:03	49:32 0:36
6	Hans Christian Strib SC Klecken	H65	51:01	2:28 2:28 51:01 0:46	5:04 2:36	7:29 2:25	18:33 11:04	22:49 4:16	27:17 4:28	31:25 4:08	37:54 6:29	40:47 2:53	44:15 3:28	46:40 2:25	48:21 1:41	49:28 1:07	50:15 0:47
7	Jessica Drese OLV Uslar	D19K	54:08	2:43 2:43 54:08 0:53	5:02 2:19	7:16 2:14	16:09 8:53	20:27 4:18	23:09 2:42	25:55 2:46	36:37 10:42	40:51 4:14	44:45 3:54	48:25 3:40	50:43 2:18	52:12 1:29	53:15 1:03
8	Ulrike Korff SC Achmer	D55	57:51	2:59 2:59 57:51 0:48	6:12 3:13	8:59 2:47	19:40 10:41	24:48 5:08	29:32 4:44	36:14 6:42	42:41 6:27	46:57 4:16	50:32 3:35	53:05 2:33	55:01 1:56	56:14 1:13	57:03 0:49
9	Ulrike Friedrichs MTV Seesen	D55	58:42	2:40 2:40 58:42 0:53	6:00 3:20	8:55 2:55	22:41 13:46	27:25 4:44	31:23 3:58	36:33 5:10	42:24 5:51	46:55 4:31	50:55 4:00	53:46 2:51	55:47 2:01	56:53 1:06	57:49 0:56
10	Ferdinand Hanses TuS Bramsche	H65	59:49	3:27 3:27 59:49 0:51	7:13 3:46	10:01 2:48	22:14 12:13	27:13 4:59	31:46 4:33	36:34 4:48	44:59 8:25	48:05 3:06	51:50 3:45	54:30 2:40	56:53 2:23	58:08 1:15	58:58 0:50
11	Laura Finkenstädt OLV Uslar	D19K	61:08	3:29 3:29 61:08 0:54	7:08 3:39	10:11 3:03	25:02 14:51	29:50 4:48	35:17 5:27	40:45 5:28	45:15 4:30	49:02 3:47	53:28 4:26	56:07 2:39	57:57 1:50	59:16 1:19	60:14 0:58
12	Claudia Weigert TV Jahn Wolfsburg	D19K	66:13	3:08 3:08 66:13 0:52	6:31 3:23	9:31 3:00	22:52 13:21	29:42 6:50	35:49 6:07	44:01 8:12	50:55 6:54	53:57 3:02	57:54 3:57	60:31 2:37	62:46 2:15	64:26 1:40	65:21 0:55
13	Wilhelm Holz OLV Uslar	H65	67:42	4:21 4:21 67:42 0:42	7:34 3:13	10:23 2:49	27:23 17:00	32:01 4:38	36:15 4:14	41:18 5:03	51:43 10:25	55:06 3:23	58:34 3:28	62:28 3:54	64:35 2:07	66:11 1:36	67:00 0:49
14	Lea Reppnow OLV Uslar	D19K	69:37	4:04 4:04 69:37 0:33	9:12 5:08	12:11 2:59	24:38 12:27	29:40 5:02	32:57 3:17	36:06 3:09	55:06 19:00	59:07 4:01	62:14 3:07	64:31 2:17	66:37 2:06	68:25 1:48	69:04 0:39
15	Gerhard Niederland TSV Schloß Rickling	H65	71:17	3:01 3:01 71:17 1:01	6:10 3:09	9:51 3:41	23:01 13:10	29:04 6:03	34:20 5:16	38:57 4:37	55:03 16:06	58:17 3:14	61:44 3:27	64:50 3:06	67:31 2:41	69:09 1:38	70:16 1:07
16	Heinz Friedrich Pap OL Team Lippe	H65	73:15	4:41 4:41 73:15 0:56	8:24 3:43	14:06 5:42	25:34 11:28	30:27 4:53	35:07 4:40	41:34 6:27	53:17 11:43	60:29 7:12	64:32 4:03	67:30 2:58	69:58 2:28	71:25 1:27	72:19 0:54
17	Detlev Friedrichs MTV Seesen	H65	74:39	2:56 2:56 74:39 0:46	5:57 3:01	8:43 2:46	21:37 12:54	28:50 7:13	35:47 6:57	41:56 6:09	59:41 17:45	62:50 3:09	66:29 3:39	69:19 2:50	71:09 1:50	72:44 1:35	73:53 1:09
18	Wilf Holloway Bishausen	H65	76:50	4:20 4:20 76:50 0:57	8:54 4:34	11:25 2:31	22:32 11:07	27:49 5:17	31:34 3:45	37:29 5:55	58:10 20:41	63:49 5:39	67:43 3:54	71:05 3:22	73:20 2:15	74:49 1:29	75:53 1:04
	Johannes Müssen SuS Vehrte	H65	Aufg	14:35 14:35 111:17 2:29	32:41 18:06	41:05 8:24	-----	-----	-----	-----	-----	77:39 36:34	87:41 10:02	95:26 7:45	101:29 6:03	106:08 4:39	108:48 2:40
	Karola Schmidt TG Münden	D19K	N Ang														
Bahn 8 (8)				2,7 km	100 Hm	12 P											
				1(60)	2(51)	3(32)	4(59)	5(31)	6(62)	7(41)	8(42)	9(43)	10(44)	11(33)	12(100)	Ziel	
1	Birgitt Michel TV Jahn Wolfsburg	D65	47:28	3:27 3:27	6:14 2:47	8:26 2:12	13:09 4:43	16:06 2:57	34:06 18:00	36:42 2:36	39:11 2:29	41:49 2:38	43:46 1:57	45:59 2:13	46:37 0:38	47:28 0:51	

Pl	Name	Kat	Zeit														
Bahn 8 (8)				2,7 km	100 Hm	12 P	<i>(Forts.)</i>										
				1(60)	2(51)	3(32)	4(59)	5(31)	6(62)	7(41)	8(42)	9(43)	10(44)	11(33)	12(100)	Ziel	
2	Antje Sobczak MTV Soltau	D65	48:49	3:22 3:22 2:00 *46	7:44 4:22 45:34 *79	11:01 3:17	16:12 5:11	23:52 7:40	34:36 10:44	37:40 3:04	41:40 4:00	44:02 2:22	46:11 2:09	47:39 1:28	48:08 0:29	48:49 0:41	
3	Ingrid Müssen SuS Vehrte	D65	53:02	3:35 3:35	8:43 5:08	12:01 3:18	22:34 10:33	27:45 5:11	37:46 10:01	39:58 2:12	42:47 2:49	46:15 3:28	48:46 2:31	51:32 2:46	52:13 0:41	53:02 0:49	
4	Karlheinz Niescken SSV Langenhagen	H75	54:17	2:56 2:56	5:40 2:44	8:50 3:10	12:53 4:03	29:01 16:08	39:06 10:05	40:59 1:53	44:44 3:45	47:41 2:57	51:16 3:35	52:54 1:38	53:29 0:35	54:17 0:48	
5	Günter Gohde TK Hannover	H75	56:38	5:38 5:38	9:26 3:48	12:33 3:07	18:23 5:50	22:36 4:13	40:01 17:25	42:41 2:40	45:59 3:18	49:14 3:15	52:13 2:59	55:05 2:52	55:42 0:37	56:38 0:56	
6	Uta Breckle Bielefelder TG	D65	60:21	5:51 5:51	11:44 5:53	14:45 3:01	21:47 7:02	26:11 4:24	42:27 16:16	46:02 3:35	49:28 3:26	53:18 3:50	55:50 2:32	58:29 2:39	59:20 0:51	60:21 1:01	
7	Edmund Keil Bielefelder TG	H75	83:25	7:40 7:40	13:29 5:49	16:20 2:51	25:11 8:51	30:42 5:31	66:59 36:17	69:35 2:36	72:33 2:58	76:13 3:40	78:55 2:42	81:25 2:30	82:19 0:54	83:25 1:06	
8	Renate Willmann TuS Stemwede	D65	90:59	5:07 5:07	10:08 5:01	15:13 5:05	21:33 6:20	47:46 26:13	68:03 20:17	73:03 5:00	76:27 3:24	80:03 3:36	82:27 2:24	85:40 3:13	89:53 4:13	90:59 1:06	
Bahn 9 (14)				3,7 km	130 Hm	15 P											
				1(72) 15(100)	2(47) Ziel	3(48)	4(61)	5(31)	6(53)	7(67)	8(39)	9(69)	10(65)	11(42)	12(50)	13(81)	14(80)
1	Johannes Eckel OLV Uslar	H14	33:12	1:58 1:58 32:36 0:31	3:29 1:31 33:12 0:36 *79	4:42 1:13	6:53 2:11 31:07 *79	8:26 1:33	9:32 1:06	14:44 5:12	18:36 3:52	21:25 2:49	25:52 4:27	28:15 2:23	29:41 1:26	31:37 1:56	32:05 0:28
2	Anna Weigert TV Jahn Wolfsburg	D14	34:23	1:48 1:48 33:49 0:36	3:25 1:37 34:23 0:34	4:48 1:23	7:01 2:13	8:48 1:47	10:20 1:32	15:31 5:11	19:26 3:55	22:28 3:02	26:33 4:05	29:19 2:46	30:39 1:20	32:31 1:52	33:13 0:42
3	Erik Urzua Wöhrer TV Jahn Wolfsburg	H14	36:10	1:40 1:40	3:12 1:32	4:18 1:06	6:49 2:31	8:53 2:04	10:21 1:28	15:36 5:15	19:16 3:40	22:08 2:52	28:35 6:27	31:08 2:33	32:32 1:24	34:18 1:46	34:51 0:33
4	Jule Weigert TV Jahn Wolfsburg	D14	39:52	1:53 1:53 39:17 0:44	3:33 1:40 39:52 0:35	5:26 1:53	7:40 2:14	9:39 1:59	11:16 1:37	16:06 4:50	19:42 3:36	23:02 3:20	28:35 5:33	33:32 4:57	35:00 1:28	37:40 2:40	38:33 0:53
5	Rut Stark MTV Seesen	D14	42:42	1:47 1:47 42:06 0:38	3:44 1:57 42:42 0:36	6:28 2:44	8:42 2:14	10:36 1:54	12:06 1:30	17:09 5:03	23:27 6:18	27:18 3:51	32:37 5:19	36:30 3:53	38:04 1:34	40:49 2:45	41:28 0:39
6	Jana Knaup Braunschweiger MT	D14	43:58	2:14 2:14 43:26 0:38	4:19 2:05 43:58 0:32	7:51 3:32	10:47 2:56	13:03 2:16	14:46 1:43	22:08 7:22	26:25 4:17	30:27 4:02	35:03 4:36	38:19 3:16	39:57 1:38	42:16 2:19	42:48 0:32
7	Lucia Stolze Bovender SV	D14	44:48	2:17 2:17 44:13 0:36	4:01 1:44 44:48 0:35	8:02 4:01	10:19 2:17	12:28 2:09	13:57 1:29	18:40 4:43	22:12 3:32	27:07 4:55	36:16 9:09	39:08 2:52	40:50 1:42	42:54 2:04	43:37 0:43
8	Felix Salau MTV Seesen	H14	48:08	2:21 2:21 47:32 0:44	4:25 2:04 48:08 0:36	6:25 2:00	8:48 2:23	13:23 4:35	16:33 3:10	22:02 5:29	25:59 3:57	29:15 3:16	38:01 8:46	41:24 3:23	43:02 1:38	45:54 2:52	46:48 0:54
9	Karla Breckle Bovender SV	D14	48:13	1:54 1:54 47:41 0:40	3:31 1:37 48:13 0:32	5:26 1:55	7:52 2:26	10:26 2:34	12:16 1:50	19:20 7:04	22:51 3:31	26:24 3:33	39:21 12:57	42:42 3:21	44:11 1:29	46:23 2:12	47:01 0:38
10	Nele Rüberg OLV Uslar	D14	58:47	2:46 2:46 58:09 0:39	4:51 2:05 58:47 0:38	6:53 2:02	10:19 3:26	13:12 2:53	15:11 1:59	22:13 7:02	26:05 3:52	32:01 5:56	47:04 15:03	51:02 3:58	52:51 1:49	56:33 3:42	57:30 0:57
11	Esther Henriksen Horsens OK	D14	59:05	2:12 2:12 58:20 0:46	4:52 2:40 59:05 0:45	9:32 4:40	12:23 2:51	15:01 2:38	17:42 2:41	28:00 10:18	32:36 4:36	37:16 4:40	48:26 11:10	51:56 3:30	53:38 1:42	55:57 2:19	57:34 1:37
12	Johannes Gurtmann TG Münden	H14	64:44	2:27 2:27 64:09 0:53	4:35 2:08 64:44 0:35	7:18 2:43	10:17 2:59	12:32 2:15	14:11 1:39	28:23 14:12	36:21 7:58	40:11 3:50	49:53 9:42	53:26 3:33	55:05 1:39	62:25 7:20	63:16 0:51
13	Maik Schweizer MTV Seesen	H14	94:27	4:24 4:24 93:55 0:36	12:32 8:08 94:27 0:32	19:31 6:59	22:29 2:58	26:22 3:53	29:39 3:17	48:57 19:18	55:22 6:25	63:04 7:42	76:39 13:35	84:29 7:50	86:59 2:30	92:33 5:34	93:19 0:46
	Ole Siebrecht OLV Uslar	H14	Fehlst	11:52 11:52 79:53 0:54	----- ----- 80:31 0:38	----- -----	22:23 10:31	25:29 3:06	27:17 1:48	39:53 12:36	48:37 8:44	56:02 7:25	66:12 10:10	71:29 5:17	73:34 2:05	78:01 4:27	78:59 0:58

Pl	Name	Kat	Zeit													Ziel
			2,4 km	70 Hm	12 P											
			1(72)	2(73)	3(47)	4(48)	5(74)	6(75)	7(77)	8(50)	9(78)	10(79)	11(80)	12(100)		
1	Constantin Jacob Fr TSV Worpswede	H12	17:38	2:31	3:05	4:14	5:58	7:58	10:22	12:07	13:54	14:46	15:31	16:27	17:05	17:38
2	Johannes Hotze Bovender SV	OfKu	18:05	1:53	2:31	3:42	5:39	7:59	10:28	12:26	14:22	15:19	16:01	16:54	17:33	18:05
3	Gleb Zvonarov MTV Seesen	H12	20:24	2:18	3:04	4:16	5:51	8:27	11:01	12:44	14:46	16:06	16:55	19:06	19:46	20:24
				15:37 *43	17:30 *81											
4	Sebastian Schischko Uni Göttingen	OfKu	24:17	2:33	3:24	5:54	9:23	12:20	14:48	16:41	18:48	20:08	20:56	22:46	23:33	24:17
5	Julia Stark MTV Seesen	OfKu	24:55	3:04	4:06	5:46	8:01	10:42	13:49	16:12	19:01	20:14	21:24	23:07	24:00	24:55
6	Miguel Castilho Mar SV Hildesia Diekhof	H12	26:06	4:22	5:26	7:49	10:16	13:16	16:14	18:34	21:00	22:16	23:21	24:37	25:28	26:06
7	Mathias Hotze Bovender SV	OfKu	26:44	2:46	3:28	4:44	9:17	11:24	13:30	21:15	22:58	23:47	24:33	25:38	26:15	26:44
8	Finn Ostendorff TSV Worpswede	H12	29:04	2:46	0:42	1:16	4:33	2:07	2:06	7:45	1:43	0:49	0:46	1:05	0:37	0:29
9	Lamis Mousa OLV Uslar	D12	29:37	5:39	0:50	0:58	4:09	2:49	3:07	2:14	2:53	0:57	1:05	2:53	0:52	0:38
10	Sania Stamer SV Hildesia Diekhof	D12	30:24	6:20	0:54	1:21	2:14	3:01	3:42	4:50	2:32	1:31	0:43	0:59	0:51	0:39
11	Leif Liebing Bovender SV	H12	33:49	5:28	6:32	8:25	11:32	15:53	19:00	22:12	24:39	26:04	27:21	29:00	29:46	30:24
12	Stine Bruns MTK Bad Harzburg	D12	37:19	5:28	1:04	1:53	3:07	4:21	3:07	3:12	2:27	1:25	1:17	1:39	0:46	0:38
13	Jonas Risse TG Münden	H12	39:11	3:51	4:45	6:16	16:34	19:22	23:08	26:24	29:15	30:24	31:21	32:20	33:05	33:49
14	Marlin Fuhrmann TSV Worpswede	H12	39:44	3:51	0:54	1:31	10:18	2:48	3:46	3:16	2:51	1:09	0:57	0:59	0:45	0:44
15	Christina Lehnen Uni Göttingen	OfKu	42:58	2:58	0:45	1:20	9:32	5:44	3:16	2:29	2:21	1:05	1:19	5:05	0:44	0:41
16	Günter Stark MTV Seesen	H12	39:11	3:41	4:45	7:06	9:36	12:54	16:08	30:08	32:28	33:49	34:55	37:38	38:29	39:11
17	Charlotte Hotze Bovender SV	OfKu	Fehlst	3:41	1:04	2:21	2:30	3:18	3:14	14:00	2:20	1:21	1:06	2:43	0:51	0:42
				3:24	4:31	6:02	17:25	20:27	25:34	28:40	31:22	33:23	34:32	38:19	39:01	39:44
				3:24	1:07	1:31	11:23	3:02	5:07	3:06	2:42	2:01	1:09	3:47	0:42	0:43
				9:11	10:10	12:18	22:47	26:18	29:38	32:31	35:13	36:59	38:07	40:37	42:05	42:58
				9:11	0:59	2:08	10:29	3:31	3:20	2:53	2:42	1:46	1:08	2:30	1:28	0:53
				4:52	6:00	8:03	21:44	24:54	28:42	31:38	35:09	37:18	38:46	40:51	42:02	43:14
				4:52	1:08	2:03	13:41	3:10	3:48	2:56	3:31	2:09	1:28	2:05	1:11	1:12
				2:55	3:49	4:51	11:33	-----	16:54	18:47	21:36	22:52	23:35	24:47	25:26	26:05
				2:55	0:54	1:02	6:42		5:21	1:53	2:49	1:16	0:43	1:12	0:39	0:39
				12:31 *51	22:25 *43											
	Ria Wittke SV Hildesia Diekhof	D12	N Ang													

			2,1 km	70 Hm	12 P										Ziel	
			1(71)	2(72)	3(73)	4(74)	5(75)	6(76)	7(77)	8(50)	9(78)	10(79)	11(80)	12(100)		
1	Malin Gellhaar MTV Seesen	DH10	22:52	2:45	4:00	5:06	7:21	11:22	13:37	14:44	17:23	18:29	19:34	21:07	22:08	22:52
2	Hanna Stark MTV Seesen	DH10	25:27	2:45	1:15	1:06	2:15	4:01	2:15	1:07	2:39	1:06	1:05	1:33	1:01	0:44
3	Espen Liebing Bovender SV	DH10	29:59	3:03	4:14	5:12	7:50	10:40	12:01	13:16	15:48	18:05	20:43	24:00	24:45	25:27
4	Lea Engelhardt MTV Seesen	DH10	33:43	3:03	1:11	0:58	2:38	2:50	1:21	1:15	2:32	2:17	2:38	3:17	0:45	0:42
5	Anna Knaup Braunschweiger MT	DH10	35:07	7:31	8:59	10:03	12:09	15:27	20:43	21:58	24:34	25:55	26:52	28:10	29:08	29:59
6	Noah van der Zande OLV Uslar	DH10	42:11	7:31	1:28	1:04	2:06	3:18	5:16	1:15	2:36	1:21	0:57	1:18	0:58	0:51
7	Tahlita Fuhrmann TSV Worpswede	DH10	49:13	6:01	7:29	8:57	12:26	17:25	20:07	21:34	24:54	26:48	28:18	32:03	32:56	33:43
8	Jesper Bruns MTK Bad Harzburg	DH10	55:10	6:01	1:28	1:28	3:29	4:59	2:42	1:27	3:20	1:54	1:30	3:45	0:53	0:47
9	Elin Gellhaar MTV Seesen	DH10	55:38	2:36	5:04	6:39	9:47	16:43	18:41	20:14	24:55	27:35	29:40	33:16	34:14	35:07
				2:36	2:28	1:35	3:08	6:56	1:58	1:33	4:41	2:40	2:05	3:36	0:58	0:53
				6:01	1:28	1:28	3:29	4:59	2:42	1:27	3:20	1:54	1:30	3:45	0:53	0:47
				2:36	5:04	6:39	9:47	16:43	18:41	20:14	24:55	27:35	29:40	33:16	34:14	35:07
				2:36	2:28	1:35	3:08	6:56	1:58	1:33	4:41	2:40	2:05	3:36	0:58	0:53
				5:26	8:14	10:13	13:23	21:34	26:43	28:22	33:13	35:46	39:33	45:54	48:24	49:13
				5:26	2:48	1:59	3:10	8:11	5:09	1:39	4:51	2:33	3:47	6:21	2:30	0:49
				5:47	8:42	11:23	18:51	25:58	31:28	34:11	40:08	43:21	46:39	50:33	52:56	55:10
				5:47	2:55	2:41	7:28	7:07	5:30	2:43	5:57	3:13	3:18	3:54	2:23	2:14
				-----	-----	-----	-----	3:50	-----	42:58	47:06	49:52	51:12	53:16	54:38	55:38
								3:50	-----	39:08	4:08	2:46	1:20	2:04	1:22	1:00
				1236:08	1241:16	1253:39	1259:02	1297:43	1330:16	1331:21	1349:40					
				*37	*46	*64	*69	*76	*51	*50	*100					
10	Robin von Gaza OLV Uslar	DH10	56:10	19:41	21:15	22:44	29:11	32:48	36:54	39:16	42:38	47:17	48:49	53:57	55:21	56:10
				19:41	1:34	1:29	6:27	3:37	4:06	2:22	3:22	4:39	1:32	5:08	1:24	0:49